MIRKWOOD DESIGNS presents...

Tree of Life Traditional Quilt Block

Cutting measurements for an 8" finished block:

- 7 1.5" squares background
- 2 1.5" squares light green
- 2 2.5" squares background
- 1 − 2.5" square brown
- 1 3.5" HST* combo brown/background
- 4 1.5" HST combo brown/background
- 14 1.5" HST combo dark green/background
- 16 1.5" HST combo light green/dark green

Cutting measurements for a 12" finished block:

- 7 2" squares background
- 2 2" squares light green
- 2 3.5" squares background
- 1 3.5" square brown
- 1 5" HST combo brown/background
- 4 2" HST combo brown/background
- 14 2" HST combo dark green/background
- 16 2" HST combo light green/dark green

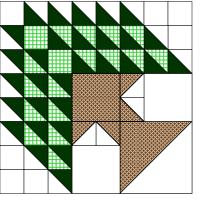
* HST = half-square triangle; this measurement *includes* ¼" seam allowance.

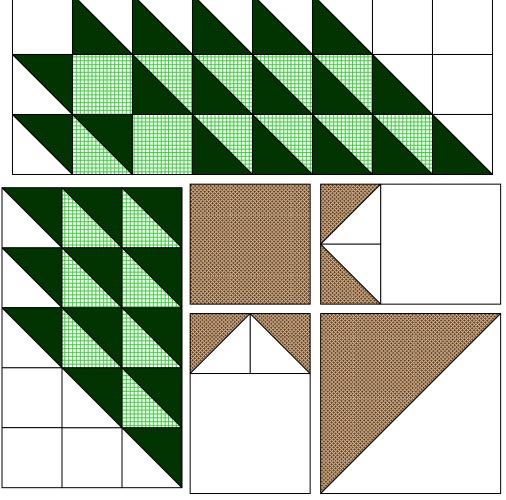
General Block Assembly Instructions

Note: Be careful to maintain a 1/4" seam allowance.

- 1. Cut pieces according to cutting measurements above.
- 2. Piece all half-square triangles.
- 3. Assemble individual units as shown below.
- 4. Sew the units together.
- 5. If making the small block, trim to 8½". If making the large block, trim to 12½".

Block Layout





MIRKWOOD DESIGNS presents...

Tree of Life Traditional Quilt Block – Small Wall Hanging

To make the small wall hanging you'll need the following:

- The finished small block trimmed to 8½" (instructions are on the previous page)
- 2 squares of background fabric, 7" x 7", cut in half diagonally
- 1 strip of brown ¾" x 2¼ yards
- 1 strip of dark green 1½" x 2¼ yards
- 1 strip of light green 2½" x 2½ yards
- Batting: 18" x 18"
- Backing: 18" x 18"
- Binding: 1 strip of brown 2" x 2¼ yards

Instructions

- 1. Sew the triangles to the four sides of the finished small block. Trim to about 11½ inches square.
- 2. Sew the three strips together to make the border in the following order: brown, light green, dark green.
- 3. Sew the borders to the block, mitering the corners, with the narrow brown strip closest to the center. (Or you can sew on each border separately, top and bottom first, then the sides).
- 4. Sandwich the quilt top, batting, and backing, baste, and quilt as desired.

 Note: I quilted an oak leaf motif in each of the four background fabric triangle corners.

 The full-sized motif is on the next page.
- 5. Square up the quilt and bind. The finished wall hanging measures about 18" x 18".
- 6. Don't forget to label your quilt!



MIRKWOOD DESIGNS presents...

Tree of Life Traditional Quilt Block – Corner Quilting Motifs

