## MIRKWOOD DESIGNS presents...

## **Shirred Eggs**

- ½ teaspoon butter
- 1 or 2 eggs
- 1 teaspoon minced shallot or onion (optional)
- 1 teaspoon minced basil, parsley, chives, or other fresh herb of your choice (optional)
- 1 tablespoon grated cheese
- 1 tablespoon heavy cream
- Salt and pepper to taste



## **Special equipment:**

• Small oven-proof ramekin or custard cup (1 per serving)

Yield: 1 serving.

Preheat oven to 350 degrees Fahrenheit.

- 1. Grease the inside of the ramekin with the butter.
- 2. Lightly scramble the egg (or eggs) and pour into the buttered ramekin.
- 3. Top with the herbs and minced onion or shallot (optional).
- 4. Top with the grated cheese.
- 5. Top with the heavy cream.
  - Note: Do not mix the ingredients—keep them layered.
- 6. Bake at 350 degrees using the following time:
  - For 1 egg, bake for 10 minutes.
  - For 2 eggs, bake for 15 minutes.
- 7. Carefully remove the ramekin from the oven and serve immediately.

## Be careful! It's hot!